

RAA - Ready, Aim, Advocate

Community Resource Directory

St. Louis, Missouri

Spring 2013

“Helping Others Help Themselves”

Grow stronger, caring, self-supporting communities



R.A.A.!
Ready, Aim, Advocate
Committee

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R.A.A.! - Ready, Aim, Advocate!
www.raacommittee.org

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This community resource directory is NOT comprehensive, but is intended to give an overview and contact information for a variety of service providers and agencies in the Greater St. Louis Metropolitan Area.

Additional community resources and/or updates can be forwarded to contact@raacommittee.org

To view this resource directory online, please go to www.raacommittee.org/resourcedirectory



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SOCIAL SERVICES / ADVOCACY

Achievers Step By Step, Inc.

(314) 856-3354

Offers exercise classes, food preparation classes, nutrition education, and its custom Healthy Eating and Living (H.E.A.L.) program.

CAASTLC - Community Action Agency of St. Louis County

(314) 863-0015

2709 Woodson
St. Louis, MO 63114

www.caastlc.org

Provides a variety of services including employment, Youth-at-Risk, housing, food pantry, energy assistance, weatherization, financial literacy, anger management, and drug & alcohol counseling.

Father's Support Center

(314) 333-4170

4411 N. Newstead
St. Louis, MO 63115

www.fatherssupportcenter.org

(314) 333-4322 Fax

Empowers men to become responsible, involved parents in an effort to bring positive outcomes for children while strengthening fathers and families. Provides assistance with employment, education, paternal responsibility, self-esteem, child support issues, and health and wellness.

Legal Services of Eastern Missouri, Inc.

(314) 534-4200

4232 Forest Park Ave.
St. Louis, MO

www.lsem.org

Provides legal assistance to low-income individuals.

R.A.A.! – Ready, Aim, Advocate!

(314) 925-0750

1268 Ferguson Ave.
St. Louis, MO 63133

www.raacommittee.org

Provides various programs and services including financial literacy education, advocacy, computer skills, job readiness skills, volunteerism, voter registration and education, clothing pantry, individual and family mentoring, IEP mentoring, resource assistance, other life skills training, youth program and activities, and customized goal setting programs.

Redevelopment Opportunities for Women, Inc. (ROW)

(314) 588-8300

306 N. Tucker
St. Louis, MO 63104

www.row-stl.org

(314) 588-0676 Fax

Provides programs and services to women impacted by domestic violence and poverty, including parenting and self-development, economic education, and educational/GED programs.

Society of St. Vincent De Paul

(314) 531-7837

100 N. Jefferson
St. Louis, MO 63103

www.svdpstlouis.org

(314) 531-6712 Fax

Provides assistance with furniture, food, clothing, rent, utilities, transportation, and companionship to people facing economic, emotional, and spiritual crisis.

Salvation Army

(314) 646-3000

1130 Hampton Ave.
St. Louis, MO 63110

www.stl-salvationarmy.org

Provides assistance with utilities, rent, and food.

SOCIAL SERVICES / ADVOCACY

Urban League of Metropolitan St. Louis

www.urbanleague.org

(314) 615-3600 (City)

(314) 388-9840 (County)

3701 Grandel Square

8960 Jennings Station Rd.

St. Louis, MO 63108

St. Louis, MO 63136

Provides utility, rent and mortgage assistance, GED training, employment services, weatherization, Head Start, food pantry, clothes closet, 100 neediest cases, and youth services.

YWCA Metro St. Louis

(314) 531-1115

3820 West Pine

www.ywcastlouis.org

St. Louis, MO 63108

(314) 531-5008 Fax

Provides Transitional Housing for homeless women, Head Start /Early Head Start, YW-Teens, Permanent Housing, Sexual Assault Counseling and Support Groups, Challenges Unlimited and School Age Care Services (before and after-care services)

Wits, Inc.

(314) 382-1650

643 E. Holly Ave.

www.witsinc.org

St. Louis, MO 63147

Offers various programs designed to enable low-income participants to receive free computers; recycles/refurbishes electronics, computers, and surplus equipment from businesses and individuals by repairing or replacing what is needed and keeping them out of the landfills.

HOUSING / SHELTER / PANTRY SERVICES

Almost Home

(314) 71-4663

3200 St. Vincent Ave.

www.almosthomestl.org

St. Louis, MO 63104

Provides shelter, transitional housing program, and up to 8 years aftercare case management for pregnant or parenting teens ages 12-19 and their children.

Catholic Charities—Housing Resource Center (HRC)

(314) 241-5600

800 N. Tucker Blvd., 3rd Floor

www.ccstl.org

St. Louis, MO 63101

(314) 802-5444 Hotline

Provides shelter referrals, rent/mortgage assistance, and foreclosure prevention.

Haven of Grace

(314) 621-6507

1225 Warren St.

www.havenofgracestl.org

St. Louis, MO 63106

(314) 241-4913 Fax

Provides shelter, transitional housing, and up to 10-years aftercare programs for young women ages 18-24, at least 16-weeks pregnant, and able to commit to living drug free.

HOPE, Inc. (Housing Options Provided for the Elderly)

(314) 776-0155

4265 Shaw Blvd.

www.hopestl.com

St. Louis, MO 63110

(314)776-0852 Fax

Provides housing information and referrals, reverse mortgage information and counseling, counseling/case management (age 60+), and caregiver counseling/case management.

HOUSING / SHELTER / PANTRY SERVICES

Housing Authority of St. Louis County (314) 428-3200

8865 Natural Bridge
St. Louis, MO 63121

www.haslc.com

Offers public housing and Section 8 rent assistance programs in St. Louis County.

Humanitri (314) 772-7720

1120 South 6th Street
St. Louis, MO 63104

www.humanitri.org

(314) 772-8980 Fax

Provides transitional housing and case management services for families in the St. Louis area who have become homeless and entered shelter. Assists qualified families with resettling into permanent housing. Provides parenting information/resources and assists new moms with infant & children's clothing up to size 5T (referral required). Provides care and support for the incarcerated and their families.

Loaves & Fishes (314) 291-3857

2750 McKelvey Rd.
Maryland Heights, MO 63043

Provides hot meals, food pantry, and up to 90 days shelter for homeless women and their children.

Lutheran Family & Children's Services of Missouri (LFCS) (314) 787-5100

8631 Delmar
St. Louis, MO 63124

www.lfcsmo.org

Provides pregnancy counseling, youth development programs, mentoring programs, day care and pre-school, and temporary foster care for children, adoption services, including home studies and assessments.

Mt. Bethel M.B. Church (314) 361-4203

1600 Belt Ave.
St. Louis, MO 63112

www.mbmbsc.org

Hot meal, food and clothing pantry open to the public the 3rd Saturday each month from 10:30am - 12:00pm.

Oak Hill Baptist Church - Clothing & Household Pantry (314) 524-1541

3166 Pershall Rd.
St. Louis, MO 63136

Clothing Provides temporary emergency shelter for homeless women and families regardless of the age or gender of the children or parents from St. Louis County.

Saint Louis Housing Authority (314) 531-4770

3520 Page Blvd.
St. Louis, MO 63106

www.slha.org

Offers public housing and Section 8 rent assistance programs.

St. Martha's Hall (314) 533-1313

PO Box 4950
St. Louis, MO 63108

www.saintmarthas.org

Provides a confidential shelter care program for abused women age 18 and older and their children, crisis intervention, counseling, support groups, advocacy, information, referrals, and follow-up contact.

HOUSING / SHELTER / PANTRY SERVICES

St. Louis World Changers

(314) 609-4152

PO Box 190672

www.worldchangersstl.com

St. Louis, MO 63119

(314) 558-6192 Fax

Provides external home repair/maintenance - roofing, building ramps, exterior painting, yard work - to approved applicants that are St. Louis City resident homeowners.

The Village Church of St. Louis

(314) 428-2558

8145 Page Ave.

www.thevillagechurchumc.com

Food pantry open to the public the 2nd and 4th Saturdays each month from 10:30am—12:00pm.

HEALTH / WELLNESS/ SAFETY

Asthma and Allergy Foundation of America, St. Louis Chapter

(314) 645-2422

1500 S. Big Bend Blvd., Suite 1 South

www.aafastl.org

St. Louis, MO 63117

(314) 645-2022 Fax

Serves those affected by asthma and allergies through education, support and medical resources. Provides schools and uninsured and underinsured children with life-saving asthma and allergy medications, equipment, education and support.

Casa de Salud

(314) 977-1250

3200 Chouteau Ave.

www.casadesaludstl.org

St. Louis, MO 63113

(314) 977-1255 Fax

Provides clinical and mental health services for uninsured and underinsured patients, focusing on new immigrants and refugees who encounter barriers to accessing other sources of care.

Center for Hearing & Speech

(314) 968-4710

9835 Manchester Rd.

www.hearing-speechstlouis.org

St. Louis, MO 63119

(314) 968-4762 Fax

Provides audiology, speech/language therapy, school screenings, hearing conservation program, hearing aids, and community outreach to individuals with hearing/speech disorders regardless of ability to pay.

Energy Care

(314) 773-5900

2758 Wyoming St.

www.energycare-stl.org

St. Louis, MO 63118

(314) 773-5983 Fax

Provides energy-related services and information for low-income families with disabled, chronically ill, elderly, and young children.

Fast Track Urgent Care

www.fturgentcare.com

(314) 921-7300

(Opens 4/22/2013)

(314) 932-5690

2686 N. Highway 67

1034 S. Brentwood, Ste 102

5701 Chippewa St.

Florissant, MO 63033

St. Louis, MO 63117

St. Louis, MO 63109

Provides prompt non-life threatening ambulatory services for acute illnesses and injuries, including suture, abscess drainage, burns, digital X-ray, EKG, IM and IV meds, strep test, urinalysis, physicals, and more.

Missouri Rehabilitation Services for the Blind

www.dss.mo.gov/fsd/rsb

(314) 264-7601 (North)

(314) 933-7311 (South)

9900 Page, Suite 105

3867 Magnolia

St. Louis, MO 63132

St. Louis, MO 63110

Provides services to people with varying degrees of visual impairment, including vocational and independent living rehabilitation, children's services, transition services, a business enterprise program, and prevention of blindness.

HEALTH / WELLNESS/ SAFETY

Myrtle Hilliard Davis Comprehensive Health Centers, Inc.

(314) 367-5820

5471 Dr. Martin Luther King Dr.
St. Louis, MO 63112

Offers a full range of health services and programs, including medical, dental, pediatrics, podiatry, women's health, radiology, ophthalmology, nutrition services, behavioral health, pharmacy, and more.

(314) 371-3100

2524 N. Whittier
St. Louis, MO 63113

www.mhdchc.org

(314) 389-4566

5541 Riverview Blvd.
St. Louis, MO 63120

Rx Outreach

PO Box 66536

St. Louis, MO 63166

A full licensed mail order pharmacy offering over 400 different medications to low-income individuals and families at reduced cost.

www.rxoutreach.org

toll free 1-(800) 769-3880

Safe Kids St. Louis (at SSM Cardinal Glennon Children's Medical Center)

1780 Clayton Road, Suite 200

St. Louis, MO 63117

Provides assistance with injury prevention needs for children 0-14 years of age including reduced priced car seats, cribs, and bike helmets as well as safety information on a variety of other topics including pedestrian, home, and fire.

www.safekidsstl.com

(314) 612-5740 Fax

(314) 612-5770

SIDS Resources, Inc

11205 S. 16th Street, Suite 100

St. Louis, MO 63104

Provide family support and education to help families in learning safe and healthy practices in both the care of, and bereavement for babies.

www.sidsresources.org

(314) 588-0850 Fax

(314) 822-2323

St. Louis County Department of Health

(314) 615-0400

4580 S. Lindbergh Blvd.

Sunset Hills, MO 63127

Offers a full range of health services and programs, including adult medical, dental, pediatrics, podiatry, women's health, teen care, WIC, nutrition counseling, health education classes, and more.

www.stlouisco.com/HealthandWellness

(314) 679-7800

4000 Jennings Station Rd.

Pine Lawn, MO 63121

(314) 615-0500

6121 N. Hanley Rd.

St. Louis, MO 63134

St. Louis County Department of Health—Nurse Family Partnership

4000 Jennings Station Rd.

St. Louis, MO 63121

Offers Building Blocks, a program providing nurse home visitation services to low-income, first-time mothers (young women & teens) that are less than 28 weeks (7 months) pregnant. Visitations are throughout pregnancy to the child's age of two, and provide support, education, and counseling on health, behavioral, self-sufficiency, and parenting issues.

www.stlouisco.com/HealthandWellness

(314) 679-7876 Fax

(314) 679-7826

St. Louis Health Equipment Lending Program (HELP)

Provides anyone in need access to free home medical equipment through their recycle and reuse program. Accepts donations of new and used home medical equipment in good working condition, except oxygen and medications.

(314) 567-4700

SENIOR CITIZENS / DISABLED PERSONS SERVICES

AARP – American Association for Retired Persons

(314) 918-7563

8059 Watson Rd. www.aarp.org

St. Louis, MO 63119

Offers a range of assistance programs and services including tax preparation, driving classes, employment and prescription drug discounts.

Alzheimer’s Association of St. Louis

(314) 432-3422

9370 Olive Blvd. www.alzstl.org

St. Louis, MO 63132 (314) 432-3824 Fax

Offers programs and services such as Helpline with resources and information for caregiver families; free, short-term professional care consultation; family care planning; early diagnosed and other support programs; respite care assistance; and Safe Return, a nationwide identification program.

Cardinal Ritter Senior Services

(314) 961-8000

7601 Watson Rd. www.ccstl.org/crss

St. Louis, MO 63119

For ages 62 and older. Services provided include housing, social services, counseling and referrals, nursing home placement, nutrition, volunteerism, and employment.

County Older Resident Program (CORP)

(314) 615-4516

121 S. Meramec Ave. www.stlouisco.com

St. Louis, MO 63105 (314) 615-4425 Fax

Serves St. Louis County. Provides transportation to persons age 60+ and disabled ages 18-59, in-home visits, legal assistance, tax preparation, basic computer classes, information and referral, volunteer opportunities, and Operation Safe.

Lutheran Senior Services

(314) 488-2843

1150 Hanley Industrial Ct. www.lssliving.org

St. Louis, MO 63144

Provides senior living apartments and homes, residential care and assisted living, skilled nursing, home health, hospice care, and other in-home programs.

Memory Care Home Solutions

(314) 645-6247

1526 S. Big Bend Blvd. www.memorycarehs.org

St. Louis, MO 63117 (314) 645-6249 Fax

Provides customized caregiver training and in-home consultation, interactive caregiver workshops, and information and resource referral assistance to families caring for a loved one with memory loss, dementia, or Alzheimer’s disease.

Paraquad, Inc.

(314) 289-4200

5240 Oakland Ave. www.paraquad.org

St. Louis, MO 63110

For persons with disabilities. Services include rent and mortgage assistance, employment, disability benefits, information and referrals, and personal assistance programs.

St. Louis Society for the Physically Disabled

(314) 989-1188

1187 Corporate Lake Dr., Suite 100 www.stlsociety.org

Serves children aged 6+ and adults with any type of physical disability of any severity, providing a wide variety of social, athletic, and recreation opportunities; door-to-door transportation; and community awareness and advocacy.

COUNSELING / MENTAL HEALTH / SUPPORT GROUPS

Al-Anon / Alateen Family Groups

(314) 645-1572

14 Sunnen Drive, Suite 144
Maplewood, MO 63143

www.missouri-al-anon.org

Offers encouragement and support to families and friends of alcoholics. Al-Anon has no dues for membership, is not allied with any religion or political entity and is a worldwide fellowship with numerous meetings in the St. Louis area. *After hours answer service: (314) 865-6022*

Birthright Counseling

3435 Bridgeland Suite C
Bridgeton, MO 63044

(314) 298-0945

www.birthright.org

Provides pregnancy testing, crisis counseling, abortion alternatives, maternity clothes and layette.

BJC Behavioral Health

(314) 298-9663

3165 McKelvey Rd., Suite 200
Bridgeton, MO 63044

www.bjcbehavioralhealth.org

Provides comprehensive mental health services. Also a provider for MC+ (Healthcare USA) recipients.

Family Resource Center

(314) 534-9350

3309 S. Kingshighway Blvd.
St. Louis, MO 63139

www.frcmo.org

(314) 534-0372 Fax

Provides therapeutic and support services to children and families in which some form of child abuse or neglect has occurred or who are at risk of abuse in their homes. Serves St. Louis City and County.

Life Skills Foundation, Inc

(314) 567-7705

10176 Corporate Square
St. Louis, MO 63132

Provides assistance to help people with mental retardation or other disability live and work with dignity in our community.

NAMI, St. Louis

www.nami.org

(314) 962-4670

(636) 940-7440 / 1-(877) 724-2977 toll free

1750 S. Brentwood Blvd, Suite 511
St. Louis, MO 63144

200 S. Kingshighway, Suite 101
St. Charles, MO 63301

Provides education, support, advocacy, and research to improve their lives to persons with mental illnesses and their families.

New Beginnings

(314) 367-8989

3901 N. Union, Suite 101
St. Louis, MO 63113

Provides inpatient and outpatient substances abuse treatment for youth and adults.

Provident, Inc.

(314) 533-8200

2650 Olive St.
St. Louis, MO 63103

www.providentstl.org

(314) 371-6500 admin office

Provides mental health services, including counseling, training, education, advocacy, case management, referral, prevention services, and community outreach.

EDUCATION PROGRAMS/SERVICES / CAREER TRAINING

Adult Learning Center

(314) 367-5000

5078 Kensington Ave.

St. Louis, MO 63108

Coordinates GED / AEL programs and other development skills training for St. Louis City and County.

Better Family Life, Inc

(314) 367-3440

5415 Page Blvd.

www.betterfamilylife.org

St. Louis, MO 63112

(314) 367-1414 Fax

Provides a variety of programs and services, including career training, job placement services, housing counseling services and down payment assistance, after-school, in-school and summer programs, youth programs, and family support services.

Employment Connection

(314) 333-5627

2838 Market St.

www.employmentstl.org

St. Louis, MO 63103

Provides comprehensive employment and retention services, resources, training, and support to individuals with limited opportunities including the homeless, ex-offenders, U.S. veterans, high school dropouts, welfare recipients, and at-risk youth.

Job Corps (St. Louis)

(314) 679-6200

4333 Goodfellow Blvd.

www.stlouis.jobcorps.gov

St. Louis, MO 63120

(314) 383-5717 Fax

Offers a no-cost education and career technical training program that helps youth ages 16-24 learn the skills needed to become employable and independent, including obtaining their high school diploma or GED while working on vocational skills certifications, and social skills training.

MERS/Missouri Goodwill Industries

(314) 241-3464

1727 Locust St.

www.mersgoodwill.org

St. Louis, MO 63103

Provides employment and rehabilitation programs and services including career counseling, education and literacy, and skills training, at multiple sites; youth, senior, ex-offender, and disabled services.

MET Center

(314) 746-0707

6347 Plymouth Ave.

www.metcenterstl.com

St. Louis, MO 63133

Provides comprehensive and accessible job training, placement, assessment, career development services, and transportation services.

Missouri Division of Workforce Development

www.jobs.mo.gov

1-(888) 728-5627 toll free to find your local Career Center that provides internet access to labor market, job placement, fax machine and computer access for resume writing and application process.

Missouri School for the Deaf

(573) 592-4000

505 East Fifth St.

www.msd.k12.mo.us

Fulton, MO 65251

(573) 592-2570 Fax

Provides a well-rounded educational program for deaf children of the state of Missouri. Separate facilities are provided for elementary, junior high, and senior high students.

EDUCATION PROGRAMS/SERVICES / CAREER TRAINING

Parents as Teachers

(314) 432-4330

2228 Ball Dr.

www.parentsasteachers.org

St. Louis, MO 63146

(314) 432-8963 Fax

Offers program services to support a parent's role in promoting school readiness and healthy development of children ages Birth-5 years in an intimate and relationship-based approach and with learning experiences relevant and customized for the individual needs of each family and child.

Parkway Area Adult Education and Literacy Program

(314) 415-7063

12657 Fee Fee Rd.

St. Louis, MO 63146

Provides free GED/Basic skills, workplace, and ESL classes and Citizenship tutoring for ages 16 and older throughout St. Louis County.

Special School District of St. Louis County

(314) 989-8100

12110 Clayton Rd.

www.ssdmo.org

St. Louis, MO 63131

(314) 989-8449 Fax

United 4 Children (formerly CDCA and St. Louis for Kids)

(314) 531-1412

1200 N. Newstead Avenue

www.united4children.org

St. Louis, MO 63108

To improve quality and accessibility to services for children and youth by empowering and inspiring families, professionals and the community. Helps families find quality childcare.

YWCA St. Louis Head Start / Early Head Start

(314) 427-4940

1911 Beltway

www.ywcastlouis.org

St. Louis, MO 63114

(314) 427-7986 Fax

Offers comprehensive early childhood development to eligible low-income families with children between the ages of six weeks to five years old. Head Start offers full-day, part-day and Pregnant Moms programs.

YOUTH PROGRAMS / SERVICES

Annie Malone Children & Family Service Center

(314) 531-0120

2612 Annie Malone Drive

www.anniemalone.com

St. Louis, MO 63113

Provides respite care for children and youth in crisis, transitional living programs, parenting education, residential services, advocacy, and educational programs.

Big Brothers Big Sisters of Eastern Missouri

(314) 361-5900

501 N. Grand Blvd, #100

www.bbbsemo.org

St. Louis, MO 63103

(314) 361-4484 Fax

Provides children, in need with an adult volunteer who serves as a mentor, role model, and friend.

YOUTH PROGRAMS / SERVICES

- Boy Scouts of America—St. Louis** (314) 361-0600
 4586 W. Pine Blvd. www.stlbsa.org
 St. Louis, MO 63108 (314) 361-5165 Fax
 Provides educational programs that build character, teach participatory citizenship, and develop personal fitness.
- Children’s Home Society of Missouri** (314) 968-2350
 9445 Litzsinger Rd. www.chsmo.com
 St. Louis, MO 63144
 Provides residential and short term respite care for non-ambulatory children age birth-21 years with developmental disabilities, and adoption related services.
- Doors to Success (a St. Louis County Youth Program)** (314) 615-4429
 Provides services at various sites for St. Louis County youth ages 17-24 years, including GED preparation, job readiness training, life skills education, case management, and community service opportunities.
- Girls, Inc. of St. Louis** (314) 385-8088
 3801 Nelson Dr. www.girlsinc.com
 St. Louis, MO 63121
 Offers innovative programs to help girls ages 4-18 confront subtle societal messages about their value and potential, and prepare them to lead successful, independent, and fulfilling lives.
- Girl Scouts Council of Greater St. Louis** (314) 890-9569
 2130 Kratky Rd. www.gscgsl.org
 Provides programs that build character and promote positive conduct, patriotism, and service.
- Good Shepherd Children and Family Services** (314) 854-5700
 1340 Partridge Ave. www.goodshepherdstl.org
 St. Louis, MO 63130
 Provides emergency shelter, residential and independent living program, youth/family support and mentoring, expectant parent support, adoption services, and foster care case management
- Herbert Hoover Boys & Girls Club** (314) 652-8300
 2901 N. Grand www.hhbgc.org
 St. Louis, MO 63107
 Provides a variety of programs and services including sports, educational assistance, and other activities.
- Kids Under Twenty-One (KUTO)** (314) 963-7571
 2718 S. Brentwood Blvd. www.kuto.org
 St. Louis, MO 63144
 Provides crisis prevention, suicide intervention and prevention support services; training; and volunteer opportunities.
- Mathew-Dickey Boys Club** (314) 382-5952
 4245 N. Kingshighway www.mathew-dickey.com
 St. Louis, MO 63115
 Provides a variety of programs including sports, cultural, recreational, and leadership skills.
- Missouri Baptist Children’s Home** (314) 739-6811
 11300 St. Charles Rock Rd. www.mbch.org
 Bridgeton, MO 63044
 Offers temporary housing program for pregnant teens up to 6-months post partum.

YOUTH PROGRAMS / SERVICES

Operation Excel – YouthBuild Program

(314) 261-0202

26B North Oaks www.operationexcelinc.com
 St. Louis, MO 63121 (314) 261-0208 Fax

Low-income young people ages 18–24 in the St. Louis County area work toward their GED or high school diploma while learning job skills, including construction training. Strong emphasis is placed on leadership development and community service.

Our Little Haven

(314) 533-2229

4316 Lindell Blvd. www.ourlittlehaven.org
 St. Louis, MO 63108

Provides pediatric mental health screenings, assessments, treatment plans and treatment, therapeutic/day treatment pre-school, and foster care family social work and case management.

Progressive Youth Connection

(314) 963-8368

9530 Watson Industrial Park www.pyconline.com
 St. Louis, MO 63126 (314) 963-8935 Fax

Provides violence prevention programs, individual counseling, and support group sessions to youth ages 5 -18 years; and educational training for parents and educators.

Sherwood Forest Camp

(314) 644-3322

2708 Sutton Blvd. www.sherwoodforestcamp.com
 St. Louis, MO 63143

Non-denominational, multi-racial camp community which serves children despite socio-economic status.

St. Louis Crisis Nursery

www.crisisnurseykids.org

(314) 953-8030 **(314) 768-3201** **(636) 947-0600**
 11037 Breezy Point La. 1928 Gravois Rd. 313 First Capitol Dr.
 St. Louis, MO 63136 St. Louis, MO 63104 St. Charles, MO 63301

Provides temporary residential care for children birth through age 10 in families experiencing a crisis. There are 5 nursery locations plus 6 outreach centers, visit web site for additional locations.

The SPOT (Supporting Positive Opportunities with Teens)

(314) 535-0413

4169 Laclede, 1st Floor www.thespot.wustl.edu
 St. Louis, MO

The SPOT welcomes ALL youth (13-24) and responds to their particular needs through a comprehensive model of health and social services., including a drop-in program, case management, medical care, counseling, HIV & STD testing, and education & vocation.

Youth Emergency Services (Y.E.S.)

(314) 862-1334

6816 Washington www.epworth.org
 St. Louis, MO 63130 **(314) 727-6294 Helpline**

Provides short-term housing and therapeutic support to youth ages 11-18 years who need an immediate safe place to live because of abuse, neglect, homelessness or family conflict.

Youth In Need, Inc.

www.youthinneed.org

(636) 946-3771 **(314) 353-6906**
 1815 Boonslick Rd. 3001 Meramec
 St. Charles, MO 63301 St. Louis, MO 63118

Provides services to children, youth, and families ranging from crisis intervention to long-term care in order to strengthen families, build self-esteem, and develop independent living skills.

RECREATION / COMMUNITY ENRICHMENT

Craft Alliance (314) 725-1177 Delmar Loop 6640 Delmar Blvd. St. Louis, MO 63130	(314) 534-7528 Grand Center 501 N. Grand Blvd. St. Louis, MO 63101	www.craftalliance.com
The Griot Museum of Black History & Culture 2505 St. Louis Ave. St. Louis, MO 63106	www.thegriotmuseum.com	(314) 241-7057
Missouri History Museum Lindell & DeBaliviere at Forest Park	www.mohistory.org	(314) 746-4599
Powder Valley Conservation Nature Center 11715 Cragwold Rd. St. Louis, MO 63122	www.mdc.mo.gov/areas/nc/powder	(314) 301-1500
St. Louis Art Museum One Fine Arts Drive, Forest Park St. Louis, MO 63110	www.slam.org (314) 721-6172 TDD	(314) 721-0072
St. Louis County Parks & Recreation 41 S. Central St. Louis, MO 63105	www.stlouisco.com/parks	(314) 615-7275
St. Louis County Public Library Headquarters 1640 S. Lindbergh St. Louis, MO 63131	www.slcl.org	(314) 994-3300
St. Louis Public Library Headquarters (City) 1301 Olive St. St. Louis, MO 63103	www.slpl.org	(314) 241-2288
St. Louis Science Center 5050 Oakland Ave. St. Louis, MO 63110	www.slsc.org	(314) 289-4436
YMCA of Greater St. Louis (314) 521-1822 Emerson Family YMCA 3390 Pershall Rd. St. Louis, MO 63135	(314) 962-9450 Mid County Family YMCA 1900 Urban Dr. St. Louis, MO 63144	www.ymcastlouis.org (314) 367-4646 Monsanto YMCA 5555 Page Ave. St. Louis, Mo 63112

CRISIS INTERVENTION / SERVICES

ALIVE – Alternative to Living In Violence

(314) 993-7080

Po Box 11201

www.alivestl.org

St. Louis, MO 63105

(314) 993-2777 Crisis Line

Provides a variety of services for those impacted by domestic abuse, including counseling, parental consultation, legal advocacy, and health screenings.

American Red Cross—St. Louis Area Chapter

(314) 516-2800

10195 Corporate Square Dr.

www.redcrossstl.org

St. Louis, MO 63132

Provides disaster relief services such as food, clothing, shelter, household furnishings, and medical care, to victims of minor and major disasters.

Fortress Outreach

(314) 653-1500

PO Box 2115

Florissant, MO 63032

(314) 381-4422 Crisis Line

Provide 24-hour emergency shelter, crisis intervention, case management, housing, counseling, and emergency room support/advocacy to victims/survivors of domestic violence women and their children.

Life Crisis Services

(314) 647-3100

2650 Olive Street

www.lifecrisis.org

St. Louis, MO 63117

(314) 647-4357 Crisis Line

24-hour crisis hotline for all life crises including the suicidal, homicidal, lonely, addicted, abused, and those needing food and shelter.

OTHER REFERRALS / HOTLINES

Alcoholics Anonymous

(314) 645-1572

Bridgeway Counseling Services Hotline

1-(877) 946-6854

Children’s Hospital Answer Line

(314) 454-5437

Crime Victim Advocacy Center of St. Louis

(314) 652-3623

Dispensary of Hope (prescription assistance)

1-(888) 428-4673

Domestic Violence

(314) 381-4422

Elder Abuse Hotline

1-(800) 392-0210

Hope Hotline (foreclosure prevention counseling)

1-(888) 995-4673

Housing & Homelessness Hotline (HRC)

(314) 802-5444

Life Crisis Services (24-hour crisis line)

(314) 647-4357

Life Source Consultants (for women age 50+)

(314) 524-0686

Partnership for Prescription Assistance

1- (888-477-2669

Operation Food Search Hunger Hotline

(314) 726-5355

TEL-LINK (family health referral service)

1-(800) 835-5465

Together Rx Access

1-(800) 444-4106

United Way Resource Assistance Service

211

Women’s Support & Community Service Hotline

(314) 531-2003

YWCA Sexual Assault Center Hotline

(314) 531-7273

OTHER HELPFUL NUMBERS

General

Animal Protective Association of MO	(314) 645-4610
Internal Revenue Service	1-(800) 829-1040
International Institute of St. Louis	(314) 773-9090
Learning Disability Association	(314) 966-3088
Metropolitan St. Louis Equal Housing Opportunity Council (EHOC)	(314) 534-5800
Missouri State Highway Patrol	(573) 751-3313
Missourians Organizing for Reform & Empowerment (MORE)	(314) 862-2249
Planned Parenthood	1-(800) 230-7526
Small Business Association	(314) 539-6600

Utility

AmerenUE	(314) 342-1111
Laclede Gas	(314) 621-6960
Missouri American Water	1-(866) 430-0820
Metropolitan St. Louis Sewer District (MSD)	(314) 768-6260

Transportation

Disabled American Veterans (free)	(314) 289-6443
Metro Call-a-Ride (for elderly & disabled)	(314) 652-3617
MetroBus / MetroLink (schedule information)	(314) 231-2345
Older Adult Transportation Services (OATS, Inc.)	(314) 894-1701
RideFinders (free carpool/vanpool matching service)	1-(800) 847-7433
United Access (wheelchair accessible vans for rent or purchase)	(314) 292-5100

OTHER HELPFUL WEB SITES

Afterschool.gov	www.afterschool.gov
Amber Alert for Missouri	www.missouriamberalert.com/
ARCHS (Area Resources for Community & Human Svcs)	www.stlarchs.org
Barnes-Jewish Hospital	www.barnesjewish.org/
Better Business Bureau (BBB)	www.stlouis.bbb.org
Beyond Housing	www.beyondhousing.org
BJC Health System	www.bjc.org/
Black Chamber of Commerce St. Louis	www.stlbcc.org
Cardinal Glennon Children's Hospital	www.cardinalglennon.com
Catholic Family Services	www.stlouis.missouri.org/ccsacch/
Center for Women in Transition	www.cwitstl.org/
City Animal Shelter	stlouis.missouri.org/citygov/health/arc/adoptapet.html
Counseling & Support Services	www.siteman.wustl.edu/internal.aspx?id=409
Doorways: Interfaith AIDS Residence Program	www.doorwayshousing.org
Earthquake Information	www.earthquake.usgs.gov/
ECHO: Emergency Children's Home	www.echo4kids.com/
Family Care Health Centers	www.familycarehealthcenter.com
Family Support Council	www.fscouncil.org/
Family Support Network	www.familysupportnet.org/

OTHER HELPFUL WEB SITES

Family Support Services	www.familysupportservices.org/
Feed My People	www.feed-my-people.org
Forest Park Hospital (formerly Deaconess)	www.forestparkhospital.com
Gateway Homeless Services	www.gatewayhomeless.org
Gateway Legal Services, Inc.	www.gatewaylegal.org/
Greater St. Louis Association of the Deaf	www.gslad.org
Habitat for Humanity St. Louis	www.habitatstl.org/
Harris-Stowe State University	www.justinepetersen.org/
Keep Kids Alive Drive 25	www.keepkidsalive.com/
Legal Advocates for Abused Women (LAAW)	www.laawstl.org
Life Skills	www.lifeskills-stl.org
Mental Health Association of Greater St. Louis	www.mhagstl.org/
Mentor St. Louis	www.mentorstlouis.org/
Missouri Baptist College	www.mobap.edu/
Missouri Botanical Garden	www.mobot.org/
Missouri College	www.mocollege.org
Missouri Institute of Mental Health (MIMH)	www.mimh.edu
Nurses for Newborns Foundation	www.nfnf.org
Progressive Youth Connection	www.pyconline.com
Regional Arts Commission	www.art-stl.com
Relay Missouri	www.relaymissouri.com
SHARE Pregnancy and Infant Loss Support	www.nationalshareoffice.com
SLU Care	www.slucare.edu/
St. Alexius Hospital (formerly Alexian Bros.)	www.st-alexius-hospital.com
St. Louis Affordable Housing Database	www.socialserve.com
St. Louis Area Food Bank	www.stlfoodbank.org
St. Louis Children's Hospital	www.stlouischildrens.org/
St. Louis Convention and Visitors Commission	www.explorestlouis.com/
St. Louis County Government	www.stlouisco.com
St. Louis University	www.slu.edu/
University of Missouri - St. Louis	www.umsl.edu/
US Department of Education	www.ed.gov
Vision for Children at Risk	www.visionforchildren.org/
Washington University	www.wustl.edu/
Webster University	www.webster.edu/
Women's Support and Community Services	www.womenssupport.org

Thank you to everyone that continues to work with us in our efforts to provide tools and resources to help strengthen our communities and bridge the gap to stronger, healthier, happier families!

5th Annual Community Health & Resource Fair

Hosted by Mt. Bethel's Health Unit & Usher Board

April 13, 2013 (10am – 2pm)

Coordinated and Sponsored by

R.A.A.! – Ready, Aim, Advocate! Committee

(Other Participating Vendors)

Community in Partnership Services (CHIPS)

Community Action Agency of St. Louis County (CAASTLC)

Achievers Step By Step, LLC – H.E.A.L. Program

Stifel Bank & Trust *

St. Louis County Dept. of Health – Nurse-Family Partnership
HealthCare USA

St. Louis County Dept. of Health – Healthy Homes Program

Center for Counseling & Family Therapy at St. Louis

Regions Bank

Proficient Chiropractic

Center for Hearing & Speech

Montgomery Bank **

Berean District Association – Disaster Ministry

New Frontier Home HealthCare ***

Vantage Credit Union***

WellCare Health Plan

Williams & Associates

St. Louis Community College – Forest Park

People's Community Action Corporation

And a special Thank You to

JoBo Ministries

SLU APO Delta Delta Chapter Showers of Service Volunteers

R.A.A.! Team Members & Volunteers

*denotes SILVER sponsor

**denotes BRONZE sponsor

***denotes SUPPORTER sponsor



R.A.A.!'s *Life Enhancement Action Planning (L.E.A.P.) Program* is a 12-month program customized to meet the needs of each individual participant and can include any basic services and programs offered by R.A.A.! **plus**:

- Goal Planning and Action Steps Assistance
- An assigned Life Enhancement Guide (L.E.G.) to mentor participant
- Comprehensive self-inventory & skills analysis
- 12-months of progress monitoring and coaching
- Intensive Financial Empowerment training and monitoring
- Resource referrals (where needed)
- Planned outings and activities exclusive to participants
- Holiday Support Program enrollment (if needed)
- Free of charge to all qualifying participants

By enrolling in our *L.E.A.P. Program*, you are making a commitment to yourself by agreeing to allow us to help you plan and to track your progress toward improving your own conditions for a more secure quality of life. During that 12-month period of time, we work with you on short- and long-term goal-setting and action steps and financial management, plus job or educational skills training or any other life-skills training necessary to help you elevate.

“I CAN do all things through Christ who strengthens me”
- Phillipians 4:13



READY— Encouraging yourself to work towards improving your own social conditions and getting educated about how you can do it

AIM—becoming focused on and knowledgeable of issues affecting you, your family, & your community and how you can help improve them

ADVOCATE—speaking up for yourself, your family, & your community and taking positive action steps to ensure a better quality of life

RAA - Ready, Aim, Advocate

1268 Ferguson Avenue
Saint Louis, MO 63133

Phone: (314)925-0750

E-mail: contact@raacommitee.org

web: raacommitee.org

We hope you find the information in this community directory helpful and we have done our best to make sure it contains accurate information. However, if you discover that something is incorrect or no longer valid, please let us know! Thank you.



“I CAN do all things through Christ who strengthens me”

- Phillipians 4:13